Pandemic World

Woman
Family
Society

20th Congress of the International Society of Psychosomatic Obstetrics and Gynaecology (ISPOG)

Vienna, 13-16 July 2022

PROGRAM

ISPOG
International Society of Psychosomatic Obstetrics and Gynaecology

20th Congress of the International Society of Psychosomatic Obstetrics and Gynaecology (ISPOG) Vienna, 13-16 July 2022

Congress venue
Sigmund Freud University of Vienna, Campus Prater
Freudplatz 1 • A – 1020 Vienna • Austria
www.sfu.ac.at

Scientific committee
Leroy Edozien, MD (GB)
Mechthild Neises-Rudolf, MSc MD PhD (DE)
Vivian Pramataroff-Hamburger, MD (DE)
Sibil Tschudin, MD (CH)
Caroline Vos, MD PhD FECSM (NL)

Congress presidents
Mechthild Neises-Rudolf, MSc MD PhD (DE)
Vivian Pramataroff-Hamburger, MD (DE)

Congress organisation, contact for further information and publisher of this brochure
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and Obstetrics (DGPFG)
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All information in this brochure is based on the state of preparation of the Congress as of 26 June 2022. Subject to change.

MEETING
DESTINATION
VIENNA
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Sigmund Freud
PrivatUniversität Wien

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Table of contents

Welcome message 4

Program, Wednesday, July 13, 2022 6

Program, Thursday, July 14, 2022 8

Program, Friday, July 15, 2022 14

Program, Saturday, July 16, 2022 20

Social program 23

Organisational information 24

List of Chairs and Speakers 25

Welcome to the 20th Congress of the International Society of Psychosomatic Obstetrics and Gynaecology (ISPOG) Vienna,13-16 July 2022

It is a great pleasure for us to meet you at our 20th ISPOG Congress in Vienna, Austria.

Our motto is "Pandemic World - Woman, Family, Society". The extraordinary aspect of this event is, that we are holding it together with the Dreiländer Tagung - Germany, Austria and Switzerland.

Within this framework, you will get to know a highly relevant range of topics with experts from about 15 nations. Specialists from a wide spectrum of scientific fields will present their new research results and offer the opportunity for discussion and personal dialogue. The practical application of the findings will not be neglected either. You can combine the main lectures in the plenaries with your favourites from the symposia, workshops and master classes, according to your needs. There will be vast opportunities for scientific exchange, harvesting ideas for your own projects, and obtaining tips that have practical relevance for your daily work with patients in psychosomatic gynaecology and obstetrics. In this way, we hope to be able to offer the perfect individualised mix for everyone. If you have the appropriate language skills, it is possible to switch between the English- and German-language sessions. In this spirit, we wish all participants a vivid and interdisciplinary exchange.

Welcome Message

After the long hard times caused by the pandemic, this Congress is of very special importance for all of us and we are very happy to finally be able to come together again in person; of course, we adhere to all applicable Corona rules on site - stay with us and above all stay healthy and confident!

Our attractive social programme will give you a good relaxation and entertainment after an intensive Congress day and additionally gives the opportunity to exchange ideas, to discuss and to jointly develop new ideas and approaches.

Last but not least: this year ISPOG has its 60th anniversary, let us celebrate the Diamond Jubilee together!

With best wishes for interesting days at the ISPOG Congress and in Vienna

Your Congress Presidents and ISPOG Board

Mechthild Neises-Rudolf
President Elect ISPOG

Vivian Pramataroff-Hamburger
Treasurer ISPOG

Wednesday July 13, 2022

13:30 - 16:00	Lecture hall (Ground floor) ISPOG Executive Committee meeting
17:00 - 18:00	Lecture hall (Ground floor) Congress opening*
18:00 - 19:00	Lecture hall (Ground floor) Opening lecture* „Pandemics and Human Suffering: The Image of the Doctor in Camus' ethics of responsibility“
19:00	Foyer (3rd floor) Get together

* This event will be broadcast online.

Main sessions	Symposia	Master classes	Workshops	Other Events	Social program

13:30-16:00

Executive Comittee meeting **Lecture hall (Ground floor)**

17:00-18:00

Congress opening **Lecture hall (Ground floor)**

Greetings

Peter Hacker (AT)
Executive City Councillor for Social Affairs, Health and Sport of the City of Vienna

Leroy Edozien (UK)
President of the International Society of Psychosomatic Obstetrics and Gynaecology (ISPOG)

Vivian Pramataroff-Hamburger (DE)
President of the 20th Congress of the International Society of Psychosomatic Obstetrics & Gynaecology (ISPOG)

Barbara Maier (AT)
President of the 4. Dreiländertagung der Deutschen, Österreichischen und Schweizer Gesellschaften für Psychosomatik in Frauenheilkunde und Geburtshilfe

18:00-19:00

Opening lecture **Lecture hall (Ground floor)**

Pandemics and Human Suffering: The Image of the Doctor in Camus' ethics of responsibility

Eva Illouz (IL)

This lecture has 2 parts: the first investigates 3 different ways of understanding pandemics: as a breakdown of social order; as an increased surveillance from the state; and as the opportunity to display an ethics of responsibility. In the second part of the lecture, I show how Camus' existentialist approach to the plague is in fact the best way to understand the nature of the social breakdowns brought about by a pandemic as that of the Coronavirus.

19:00

Get together **Foyer (3rd floor)**

Thursday July 14, 2022

09:00 - 10:30	Room 108 (1st floor) **Symposium 1** Research	Room 304 (3rd floor) **Symposium 2** LGBT and Family	Room 001 (Ground floor) **Oral presentation 1** Pandemia, Womens health and Supportmodels	Room 317 (3rd floor) **Oral presentation 2** Psychosomatic Gynaecology and Obstetrics
10:30 - 11:00	Coffee break			Foyer (3rd floor)
11:00 - 12:30	Lecture hall (Ground floor) **Main Session 1*** (Post) Pandemic World			
12:30 - 14:00	Lunch break			
14:00 - 15:30	Room 001 (Ground floor) **Symposium 3** Education and Improving psy-chosomatic POG worldwide	Room 108 (1st floor) **Master class 1** Management of the Mental health crisis of women	Room 304 (3rd floor) **Workshop 2** Counselling in Reproductive Medicine	Room 317 (3rd floor) **Symposium 5** Assessing Mental Health in Perinatal Care
15:30 - 16:00	Coffee break			Foyer (3rd floor)
16:00 - 17:30	Lecture hall (Ground floor) **Main Session 2*** Pregnancy and Childbirth			
20:00	City Hall reception			

* This event will be broadcast online.

Main sessions	Symposia	Master classes	Workshops	Other Events	Social program

09:00-10:30

Symposium 1: Research **Room 108 (1st floor)**

Sibil Tschudin (CH)

Symposium 2: LGBT and Family **Room 304 (3rd floor)**

Attitudes toward Korean transgenders from a recent survey of National Human Rights Commission
Chulmin Lee (KR)

Psychosomatic Aspects of Fertility Preservation in Transgender Men and Women
Dov Feldberg (IL)

Undergoing pregnancy and childbirth as transgender in Sweden
Felicitas Falck (SE)

Oral presentation 1: Pandemia, Womens health and Supportmodels **Room 001 (Ground floor)**

Chair: *Carsten Braun (DE)*

Challenges egalitarian couples with small children had to face during the COVID-19 lockdown in Germany in spring 2020. A qualitative content analysis
Ronja Schaber (DE)

The Psychoendocrinology of Female Wellbeing: Navigating Women's Health between Hormonal, Social and Psychological Parameters
Sophie Schweizer-Schubert (DE)

Maternal Infant Bonding Amidst the Covid-19 Pandemic, Social Support as a Risk and Protective Factor
Liat Helpman (IL)

affect-focused therapy: how elements of ISTDP and narrative trauma therapy can be combined when treating patients in a psychosomatic context.
Phillip Keudel (DK)

Wide variation in vaginal birth after previous caesarean section -due to different approaches to counselling?
Svanlaug Árnadóttir (DK)

Resilience and Vulnerability during the COVID-19: The role of Pregnancy
Nir Cohen (IL)

Oral presentation 2: Psychosomatic Gynecology and Obstetrics **Room 317 (3rd floor)**
Chair: *Beate Wimmer-Puchinger (AT)*

Endometriosis: One Illness, Different Women: Latent Profiles of Psychosocial Risk and Resilience mechanisms and psychological well-being.
Dana Lassri (IL)

Development of a conversation aid for follow-up care consultations to improve the lifestyle of women with endometrial cancer
Anne de Korte (NL)

Prevention of psychosocial distress consequences in gynecological in-patients in the context of SomPsyNet, a model for collaborative care
Lotta Tasman (CH)

Why is integrated Gynaecological Psychosomatics a successful model for women`s clinics?
Sophia Holthausen-Markou (DE)

Emotion regulation during pregnancy
Franziska Weinmar (DE)

10:30-11:00

Coffee break **Foyer (3rd floor)**

11:00-12:30

Main Session 1: (Post) Pandemic World **Lecture hall (Ground floor)**

Chairs: *Sibil Tschudin (CH), Leroy Edozien (UK)*

The Impact on Women's Mental Health during times of Pandemic
Mechthild Neises-Rudolf (DE)

Transfer of "Knowledge" (fake and facts) with regard to Covid-positive pregnancies and deliveries and the impact on delivering women and staff.
Barbara Maier (AT)

Stress and resilience in the (post)pandemic world. Psychobiological considerations
Ulrike Ehlert (CH)

12:30-14:00

Lunch break

For your midday snack, wie recommend the diverse offerings in the neighbouring Prater.

14:00-15:30

Symposium 3: Education and Improving psychosomatic POG worldwide **Room 001 (Ground floor)**

Training in psychosomatic obs/gyn worldwide
Vivian Pramataroff-Hamburger (DE)

How to improve Psychosomatic Obstetrics and Gynecology worldwide?
Heribert Kentenich (DE)

Symposium 5: Assessing Mental Health in Perinatal Care: Opportunities for change **Room 317 (3rd floor)**

Exploring mental health using the Wellbeing in Pregnancy measure
Fiona Alderdice (UK)

Maternal perception of threat during childbirth contributes to the prediction of subsequent childbirth-related posttraumatic stress (CB-PTSD) symptoms
Antje Horsch (CH)

Postpartum anxiety – confirmatory factor analysis and relationships with childbirth experience
Vicky Fallon (UK)

Master class 1: Management of the Mental health crisis of women **Room 108 (1st floor)**

Management of the Mental health crisis of women as long-lasting consequence of COVID-19: What worked- what was missing? – An Analysis of the European Federation of Psychologists Associations (EFPA)
Beate Wimmer-Puchinger (AT)

Workshop 2: Counselling in Reproductive Medicine **Room 304 (3rd floor)**
Tewes Wischmann (DE)

15:30-16:00

Coffee break **Foyer (3rd floor)**

16:00-17:30

Main session 2: Pregnancy and Childbirth **Lecture hall (Ground floor)**

Chairs: *Wolf Lütje (DE), Chulmin Lee (KR)*

Things we can learn about perinatal mental health through dyadic analyses and biomarkers of the whole family
Freya Thiel (DE)

Tocophobia – Novel therapeutic regimen
Gabi Aisenberg Romano (IL)

Peripartum mental disorders and enhancement of mother-child bonding
Kerstin Weidner (DE)

20:00

Reception in the historic City Hall of Vienna by Mayor Dr. Michael Ludwig

The participants of our congress will be welcomed in the historic City Hall of the City of Vienna.

free of charge, registration required

Friday July 15, 2022

09:00 - 10:30	Lecture hall (Ground floor) **Main Session 3*** Trauma and Childbirth			
10:30 - 11:00	Coffee break Foyer (3rd floor)			
11:00 - 12:30	Room 317 (3rd floor) **Symposium 4** Psycho-oncology	Room 304 (3rd floor) **Master class 2** Decision aids	Room 108 (1st floor) **Master class 3** Eating disorders in Peripartum	Room 001 (Ground floor) **Oral presentation 3** Psychosomatic Obstetrics
12:30 - 14:00	Lunch break			
14:00 - 15:30	Room 001 (Ground floor) **Oral presentation 4** Healthcare profess. and Women Partners in Psychos. Obstetrics	Room 317 (3rd floor) **Oral presentation 5** Traumatic experiences and life events	Room 108 (1st floor) **Oral presentation 6** Psychosomatic Gyneacology	
15:30 - 16:00	Coffee break Foyer (3rd floor)			
16:00 - 17:30	Lecture hall (Ground floor) **ISPOG Diamond Jubilee Reminiscenses***			
17:30 - 19:00	Lecture hall (Ground floor) **ISPOG General Assembly**			
19:30	Social evening			

* This event will be broadcast online.

Main sessions | Symposia | Master classes | Workshops | Other Events | Social program

09:00-10:30

Main Session 3: Trauma and Childbirth **Lecture hall (Ground floor)**

Chairs: *Barbara Maier (AT), Carlos Damonte Khoury (ES)*

Trauma and Childbirth
Mariëlle van Pampus (NL)

Impact of traumatic childbirth on the whole family and development of brief interventions to combat this
Antje Horsch (CH)

Termination of pregnancy for foetal malformation: a traumatic event. Qualitative analysis of women's perception
Katharina Leithner-Dziubas (AT)

10:30-11:00

Coffee break **Foyer (3rd floor)**

11:00-12:30

Symposium 4: Psycho-oncology **Room 317 (3rd floor)**

Hysteroscopy: a psychosomatic approach
David Gómez Sánchez (ES)

Psychosocial aspect of obesity and gynecologic cancers
Chulmin Lee (KR)

Master class 2: Decision aids **Room 304 (3rd floor)**

Decision aids regarding fertility preservation
Verena Ehrbar (CH)

Master class 3: Eating disorders in Peripartum **Room 108 (1st floor)**

Eating Disorders and Disorder Eating: Reproductive Issues
Vesna Pirec (US)

Oral presentation 3: Psychosomatic Obstetrics **Room 001 (Ground floor)**
Chair: *Chulmin Lee (KR)*

The quality of sleep in pregnant women with preterm labor
Sae Kyung Choi (KR)

Psychosocial Board for Pregnant Women – a model for structuring and improving the support of a vulnerable group in pregnancy in a hospital
Barbara Francesca Bass (CH)

Assessment of person-centeredness in healthcare and social support services for women with unintended pregnancies (CarePreg): a study protocol
Jördis Zill (DE)

Instrument Development and Psychometric Testing for the Pregnancy Specific Anxiety Scale (PSAS)
Hamideh Bayrampour (CA)

Introducing At-home Screening for Perinatal depression, Anxiety and Suicidal Ideation in Slovenia
Sara Kotar (SI)

Pregnancy variables and contraception use in a sample of Austrian neonaticide offenders
Claudia M. Klier (AT)

12:30-14:00

Lunch break

For your midday snack, wie recommend the diverse offerings in the neighbouring Prater.

14:00-15:30

Oral presentation 4: Healthcare professionals and Women Partners in Psychosomatic Obstetrics **Room 001 (Ground floor)**

Chair: *Leroy Edozien (UK)*

Burn-out among midwives – before and after covid-19 outbreak in Hungary
Zsuzsa Dr. Kovácsné Dr. Török (HU)

Secondary Trauma and Loss of Healthcare Professionals in Perinatal Death Events
Eva Zsak (HU)

Impact of Birth Trauma Witnessed by Maternity Health Professionals
Nazihah Uddin (UK)

Assessing relevance of person-centeredness in healthcare and social support services for women with unintended pregnancies-results of expert workshops
Jördis Zill (DE)

Measuring symptoms of depression in fathers: Lessons learnt from the Polish adaptation of the Perinatal Assessment of Paternal Affectivity (PAPA)
Grazyna Kmita (PL)

Prenatal paternal depression, anxiety, and somatic symptom burden in different risk samples: an explorative study
Magdalena Zacher (DE)

Oral presentation 5: Traumatic experiences and life events **Room 317 (3rd floor)**

Chair: *Vesna Gall (HR)*

Covid pandemic or war - both catastrophic events, diferent impact on the pregnancy outcome
Ena Radić (HR)

The influence of covid pandemic and earthquake on mood change and subjective experience of pregnancy
Vesna Gall (HR)

Stress, anxiety and depression in pregnant women in the earthquake that hit Zagreb in Croatia during the pandemic
Ivka Djakovic (CH)

The Experience of Sexual Violence, the Fear of Labour, and Mental Health Difficulties in Pregnancy
Maja Maša Šömen (SI)

Postpartum Post-traumatic Stress Symptoms during COVID-19: a Longitudinal Study
Noga Shifman (IL)

To hold, to see, to grieve: Women's decisions immediately after stillbirth and their role in psychological distress
Danny Horesh (IL)

Oral presentation 6: Psychosomatic Gynecology 2 **Room 108 (1st floor)**
Chair: *M. Caroline Vos (NL)*

Phantom Uterine Pain
Baraa Mazi (SA)

The fear for oophorectomy in young women: Is ovarian cystectomy feasible for patients with borderline ovarian tumors?
Seongmin Kim (KR)

A web-based decision aid for shared decision making in pelvic organ prolapse: the SHADE-POP trial
Esmee Drost (NL)

Success factors in long-term vaginal pessary use: a mixed-methods study.
Lise Beijleveldt (NL)

Development of a questionnaire for chronic bacterial vaginosis according to COSMIN-criteria (BAVA1)
Esmée de Groodt (NL)

Sexual functioning among premenopausal women with lichen sclerosus and aspect of communication and motivation for its treatment. A pilot study
Ki Eun Bae (NL)

15:30-16:00

Coffee break **Foyer (3rd floor)**

16:00-17:30

ISPOG Diamond Jubilee Reminiscences **Lecture hall (Ground floor)**

17:30-19:00

ISPOG General Assembly **Lecture hall (Ground floor)**

19:30

Social evening

We are looking forward to an evening together with you and the other participants of the congress in the oldest hotel in Vienna. After a delicious meal, there will be plenty of time for relaxed conversation and dancing.
Location: Hotel Stefanie Wien, Taborstraße 12, 1020 Vienna (Website: www.hotelstefanie.wien)

Cost: 60,- €/person (incl. buffet, without drinks), registration required

Saturday July 16, 2022

09:00 - 10:30	Lecture hall (Ground floor) **Main Session 4*** Pregnancy and Covid-19			
10:30 - 11:00	Coffee break — Foyer (3rd floor)			
11:00 - 12:30	Room 108 (1st floor) **Master class 4** Digitalization in Obs/Gyn	Room 304 (3rd floor) **Workshop 3** Moral deliberation in reproducktive medicine	Room 001 (Ground floor) **Oral presentation 7** Covid-19 and Psychosomatic Obstetrics	Room 317 (3rd floor) **Oral presentation 8** Family planing and IVF
12:30 - 13:00	Closing ceremony* — Lecture hall (Ground floor)			
13:30 - 15:30	Lecture hall (Ground floor) **ISPOG Executive Committee meeting**			

* This event will be broadcast online.

Main sessions	Symposia	Master classes	Workshops	Other Events	Social program

09:00-10:30

Main Session 4: Pregnancy and Covid-19 — **Lecture hall (Ground floor)**

Chairs: *M. Caroline Vos (NL), Dov Feldberg (IL)*

Psychosomatic (-social) impact on SARS-Cov-2 positive and Covid-19 symptomatic pregnant and delivering women as well as on postpartum care of their newborns
Mirijam Hall (AT)

The impact of working conditions on postpartum mental health and family relations – re-evaluated in light of COVID-19
Ronja Schaber (DE)

Use of Telehealth due to COVID-19: Assessment of PMAD (Perinatal Mood and Anxiety Disorders) in the Virtual Setting
Kristine Norris (US)

10:30-11:00

Coffee break **Foyer (3rd floor)**

11:00-12:30

Master class 4: Digitalization in Obs/Gyn **Room 108 (1st floor)**

Alternatives to healthcare delivery – Utilization of mood tracking apps to monitor PMAD symptoms
Kristine Norris (US)

Oral presentation 7: Covid-19 and Psychosomatic Obstetrics **Room 001 (Ground floor)**

Chair: *Gabi Aisenberg Romano (IL)*

Veiled Powers of Culture: Looking at fear of childbirth through the lens of time
Annica Kempe (SE)

Pregnant women's pandemic-related stress, fear of childbirth, and postpartum post-traumatic stress symptoms
Yael Benyamini (IL)

Health beliefs, concerns about fetus health, neuroticism and preventive health behaviors during the COVID-19 pandemic among pregnant Israeli women
Talma Kushnir (IL)

The Israeli obstetric organization and towards the Covid -19 Epidemic. Highlight on pregnant women
David Mankuta (IL)

The impact of acute covid-19 infection in pregnancy on depression
Marijana Vidmar Šimic (SI)

Postpartum people's experiences and responses during the first year of the COVID-19 pandemic
Hamideh Bayrampour (CA)

Oral presentation 8: Family planing and IVF **Room 317 (3rd floor)**

Chair: *Sibil Tschudin (CH)*

South Brazilian infertile couples' perception of support in the doctor-patient relationship
Daniela Centenaro Levandowski (UK)

Cognitive-behavioral Art Therapy (CB-ART) decreases perceived stress and cell-free DNA concentrations in women undergoing IVF: a prospective RCT
Johanna Czamanski-Cohen (IL)

The effectiveness of psychosocial interventions for infertile women: Review with meta-analysis and focus on method-critical evaluation
Franziska Kremer (DE)

Implications of the Covid-19 pandemic for sexuality, family planning and mental health among reproductive-age women with rheumatic disease
Nora Rosenberg (AT)

Postpartum sexuality: a pilot study of causative socio-economic determinants
Ana-Meyra Potkonjak (HR)

Psychological aspects of unfulfilled desire for a child – results of an actor-partner interdependence analysis
Carla Thanscheidt (DE)

Workshop 3: Moral deliberation in reproductive medicine **Room 304 (3rd floor)**

M. Caroline Vos (NL)

12:30-13:00

Closing ceremony **Lecture hall (Ground floor)**

13:30-15:30

Executive Comittee meeting **Lecture hall (Ground floor)**

Wednesday, 13 July 2022 19:00 **Foyer (3rd floor)**

Get together

Finish the opening day of the congress together with the other participants with pleasant conversations and small snacks.

free of charge, no registration required

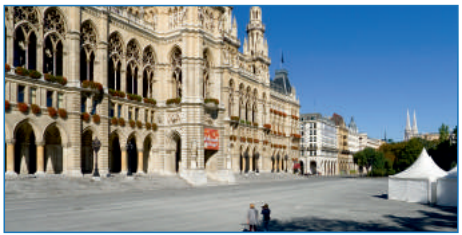
Sigmund Freud University Vienna

Thursday, 14 July 2022 20:00

Reception in the historic City Hall of Vienna by Mayor Dr. Michael Ludwig

The participants of our congress will be welcomed in the historic City Hall of the City of Vienna.

free of charge, registration required



The historic City Hall of the City of Vienna

Friday, 15 July 2022 19:30

Social evening

We are looking forward to an evening together with you and the other participants of the congress in the oldest hotel in Vienna. After a delicious meal, there will be plenty of time for relaxed conversation and dancing.

Location: Hotel Stefanie Wien, Taborstraße 12, 1020 Vienna (Website: www.hotelstefanie.wien)

Cost: 60,- €/person (incl. buffet, without drinks), registration required

The ballroom of the Hotel Stefanie in Vienna

Three-country conference

Participants at the ISPOG Congress can also attend the main events and workshops of the German-language Three-Country Conference taking place in parallel, subject to availability.

Virtual participation

The main events of the congress (marked with * in the programme overviews) will also be broadcast online for registered participants.

Covid 19 Rules

The legal regulations of the City of Vienna in force on the date of the event apply to participation in the congress.

Thanks to the following partners for supporting our event:

Sigmund Freud PrivatUniversität Wien

BZgA Bundeszentrale für gesundheitliche Aufklärung

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Das Beste aus der Natur.
Das Beste für die Natur.

Aisenberg Romano, Gabi (IL) 13, 21
Alderdice, Fiona (UK) 12
Árnadóttir, Svanlaug (DK) 10
Bae, Ki Eun (NL) 18
Bass, Barbara Francesca (CH) 16
Bayrampour, Hamideh (CA) 16, 21
Beijleveldt, Lise (NL) 18
Benyamini, Yael (IL) 21
Braun, Carsten (DE) 9
Centenaro Levandowski, Daniela (UK) . . 22
Choi, Sae Kyung (KR) 16
Cohen, Nir (IL) 10
Czamanski-Cohen, Johanna (IL) 22
Damonte Khoury, Carlos (ES) 15
de Groodt, Esmée (NL) 18
de Korte, Anne (NL) 10
Djakovic, Ivka (CH) 18
Dr. Kovácsné Dr. Török, Zsuzsa (HU) 17
Drost, Esmee (NL) 18
Edozien, Leroy (UK) 7, 11, 17
Ehlert, Ulrike (CH) 11
Ehrbar, Verena (CH) 15
Falck, Felicitas (SE) 9
Fallon, Vicky (UK) 12
Feldberg, Dov (IL) 9, 20
Gall, Vesna (HR) 17
Gómez Sánchez, David (ES) 15
Hacker, Peter (AT) 7
Hall, Mirijam (AT) 20
Helpman, Liat (IL) 9
Holthausen-Markou, Sophia (DE) 10
Horesh, Danny (IL) 18
Horsch, Antje (CH) 12, 15
Illouz, Eva (IL) 7
Kempe, Annica (SE) 21
Kentenich, Heribert (DE) 11
Keudel, Phillip (DK) 9
Kim, Seongmin (KR) 18
Klier, Claudia M. (AT) 16
Kmita, Grazyna (PL) 17
Kotar, Sara (SI) 16
Kremer, Franziska (DE) 22
Kushnir, Talma (IL) 21
Lassri, Dana (IL) 10
Lee, Chulmin (KR) 9, 13, 15, 16
Leithner-Dziubas, Katharina (AT) 15
Ludwig, Michael (AT) 13
Lütje, Wolf (DE) 13
Maier, Barbara (AT) 7, 11, 15
Mankuta, David (IL) 21
Mazi, Baraa (SA) 18
Neises-Rudolf, Mechthild (DE) 11
Norris, Kristine (US) 21
Pirec, Vesna (US) 16
Potkonjak, Ana-Meyra (HR) 22
Pramataroff-Hamburger, Vivian (DE) . 7, 11
Radić, Ena (HR) 17
Rosenberg, Nora (AT) 22
Schaber, Ronja (DE) 9, 20
Schweizer-Schubert, Sophie (DE) 9
Shifman, Noga (IL) 18
Šömen, Maja Maša (SI) 18
Tasman, Lotta (CH) 10
Thanscheidt, Carla (DE) 22
Thiel, Freya (DE) 13
Tschudin, Sibil (CH) 9, 11, 22
Uddin, Nazihah (UK) 17
van Pampus, Mariëlle (NL) 15
Vidmar Šimic, Marijana (SI) 21
Vos, M. Caroline (NL) 18, 20, 22
Weidner, Kerstin (DE) 13
Weinmar, Franziska (DE) 10
Wimmer-Puchinger, Beate (AT) 10, 12
Wischmann, Tewes (DE) 12
Zacher, Magdalena (DE) 17
Zill, Jördis (DE) 16, 17
Zsak, Eva (HU) 17

21th Congress of the International Society of Psychosomatic Obstetrics and Gynecology (ISPOG)

Seoul Korea, 3-5 April 2025

Congress date : 3-5 April, 2025

Congress venue : Omnibus Park

The Catholic University of Korea,
222 Banpo-daero, Seocho-gu, Seoul, Korea.

대한심신산부인과학회
大韓心身産婦人科學會
Korean Society of Psychosomatic Obstetrics and Gynecology