



BALINT SPRING DAYS IBF COUNCIL MEETING YEREVAN, MAY 2026



Dear Colleagues,

The Armenian Balint Society is delighted to welcome you to join the Balint Spring Days in Yerevan, alongside the IBF Council meeting.

Yerevan, one of the most ancient cities in the world still full of life, carries within its foundations centuries of endurance and renewal. Armenia, with its rich traditions, sacred landmarks, and unbroken spirit, has shaped a culture of continuity and transformation. From the traces of pagan temples and the birth of Christianity to today's vibrant capital, Yerevan embodies a living story of resilience and revival.

With this spirit in mind, we invite you to come together and reflect on the theme:
“From Vulnerability to Resilience in Balint Groups”

Balint groups create a space where professionals can bring moments of doubt, difficulty, and vulnerability from their clinical work. Within the safe and reflective environment of the group, these experiences are witnessed, shared, and gradually transformed. Attentive listening and collective reflection enable vulnerability to become a source of strength, opening the way for resilience to grow — both for the practitioner and for the therapeutic encounter. This process highlights how Balint work strengthens our ability to support others while sustaining ourselves.

We warmly look forward to welcoming you to Armenia and to sharing with you the unique spirit of Yerevan — a city of ancient roots and living renewal — as we come together for meaningful exchange and dialogue.



BALINT SPRING DAYS YEREVAN

Council meeting IBF
MAY 1st to 3rd 2026



PROGRAMM

Friday May the 1st 2026 :

13:00 - 13:30 *Registration (coffee and cookies)*
 13:30 - 13:50 Welcome speech, Opening of the weekend
 13:50 - 14:10 Dr. Guido Flatten "The development of the Balint group - a love story?!"
 14:10 - 14:30 Anzhela Avagimyan "The Phenomenon of Psychological Resilience in Coping with the Trauma of Loss"
 14:30 - 15:30 *Lunch*
 15:30 - 17:00 Balint Groups I
 17:00 - 17:30 *Coffee break*
 17:30 - Sightseeing bus tour Tsitsernakaberd memorial

Saturday May the 2nd 2026 :

09:00 - 10:30 Balint Groups II
 10:30 - 11:00 *Coffee break*
 11:00 - 12:30 Balint Groups III
 12:30 - 13:30 *Lunch break*
 13:30 - 15:30 IBF Council Meeting (open access)
 (14:00 - 15:30) (and Balint Groups for non IBF participants)
 15:30 - 16:00 *Coffee break*
 16:00 - 17:30 Balint Groups IV
 19:00 - Gala Dinner

Sunday May the 3rd 2026:

09:00 - 10:30 Balint Groups V
 10:30 - 11:00 *Coffee break*
 11:00 - 12:30 Closure of the Weekend, Feedback and Debriefing
 12:30 - 13:00 *Coffee break*
 13:15 Bus tour to Temple of Garni (33 km from the venue, lunch in Garni village) and Geghard Monastery (11 km from Garni village)
 18:30 - 19:30 Return to Yerevan

Subscription / Fees

Early bird registration until February 15 2026

° Member of IBF : 250 €

° Member of ABS: 200 €

° Non member : 270 €

° Students: 50 €

- Fees include participation in Balint groups, coffee breaks, lunches and Gala dinner

Regular registration until April 15 2026

° Member of IBF : 270 €

° Member of ABS: 220 €

° Non member : 290 €

° Students: 50 €

-Fees include participation in Balint groups, coffee breaks, lunches and Gala dinner

Optional :

° Accompanying person: Additional 50 €

° Social Event (two bus tours) 50 €

Registration link <https://forms.gle/39JqEqmBBuiJwYAE6>

Bank transfer details

BENEFICIARY ACCOUNT: 2050422483491040

BENEFICIARY NAME: ARM BALINT SOCIETY NGO

BENEFICIARY ADDRESS: YEREVAN,KUCHAKI AVENUE,47 , APARTM. 18

BENEFICIARY BANK:

CJSC INECOBANK

YEREVAN, TUMANYAN STR. 17, ARMENIA

SWIFT CODE: INJSAM22

INTERMEDIARY BANK:

COMMERZBANK AG.

FRANKFURT, GERMANY

SWIFT CODE: COBADEFF

The participation fee does NOT include bank or transaction commissions.

Venue

The venue for Balint spring days is

Ibis Yerevan Center

Northern ave 5/1 - 0001, Yerevan - Armenia

In case of choosing the same hotel you can use promocode and get 20% discount for the hotel rooms. You can book the room with this option till two weeks before the event.

Promocode is: balintarmenia

Nearby hotels

Aviatrans Hotel - 3, 4 Abovyan St, Yerevan 0010

Holiday Inn Yerevan - Republic Square by IHG - 2 Amiryan St, Yerevan 0010

Ramada Hotel & Suites by Wyndham Yerevan - 15 Pavstos Busand St, Yerevan 0010

Armenian Balint Association

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 **www.balintarmenia.am**

 **Facebook page**

